



**Gene Pometto, M.A., M.P.H., LCPC, NBCCH, CC**

Licensed Counselor, Board Certified Hypnotherapist, Coach, Author

*My Mission is to:*

Guide, teach and empower my clients to experience the behavioral, emotional and spiritual change, growth and healing they desire, and to provide the finest care and support possible in a safe, comfortable environment where dignity, sensitivity and confidentiality are paramount. Using skills acquired from ancient astrological teachings to present day healing tools, it is my goal to advance your personal and professional potential, thereby living a life of joy, success and abundance. I provide my clients the tools and resources to

- Alleviate Fears and Phobias
- Eliminate Unwanted Habits
- Enhance Performance
- Facilitate Optimum Health and Wellbeing
- Promote Personal and Professional Growth
- Reduce Pain

***A published, licensed and certified professional, Gene utilizes a targeted variety of disciplines to serve the client:***

**AstroTherapy** uses astrology as a valued tool in the transformation of the person. Taking a client-centered approach, Gene and the client begin with the natal chart and focus on the personal traits and propensities that can facilitate learning, healing and growth, directing success in both life and career.

**HypnoTherapy** applies the art and science of clinical hypnosis to redirect the unconscious towards the client's desired healthier beneficial goal. Hypnosis can be very effective for cessation of undesired habits such as irrational fears, anxiety, compulsions, behavioral "blocks," many sexual problems, overeating, smoking, and can also be helpful in treating acute or chronic pain.

**Client-Centered Coaching** focuses on the client's unique situation and issues, diagnosing the obstacles to work and life success using the Jungian-based Hemisphere Diagnostic Assessment. Whether planning, developing, managing or transitioning your career, you will have the support, expertise and guidance required to facilitate positive change within your life and career.

**Pain Management** is achieved through a variety of approaches as most comfortable to the client needs. Aligned directly with the support of a medical doctor, this adjunct practice is meant to reduce pain symptoms when pain becomes difficult to manage.

**Organizational Consulting** includes coaching, training and intervention services to support organizations and individuals moving through change.

**AstroTherapy** and **Client-Centered Coaching** offered in person or by phone.

**HypnoTherapy** and **Pain Management** sessions offered in person only. House calls are available for the mobility-impaired.