

COUNSELING AND HOLISTIC PRACTICE

Mr. Pometto's extensive and diverse experience enables a client-centered integration of modalities, techniques and cultural frameworks specific to your unique expression, creating an immediate and positive manifestation within your life. He brings an unusual range of personal experience and understanding to an ever-challenging world, having spent more than a year traveling in Western and Communist Eastern Europe, the Middle East and North Africa, where he conducted an in-depth cross-cultural comparative study of workforce development in 7 countries. His invaluable viewpoints and insights lend both interest and power to an already dynamic and proven approach. A living testament to the successful relationships of cultural diversity, his immediate family heritage includes Cherokee, Albanian, Italian, Scotch-Irish and English, supporting diverse beliefs in Muslim, Roman Catholic, Presbyterian and Native American roots.

CREDENTIALLED EDUCATION/CERTIFICATION

LCPC Licensed Clinical Professional Counselor MD Board of Examiners
NBCCH Board Certified Clinical Hypnotherapist Nat'l Board for Clinical Hypnotherapy
M.A. Humanistic Counseling Psychology University of West Georgia
M.P.H. Public Health Education Johns Hopkins University
B.A. Social & Behavioral Sciences Johns Hopkins University
Co-Author: [The CoachCompass: Navigation Tools for Career & Life Success](#)

PROFESSIONAL MEMBERSHIPS

Association for Humanistic Psychology
American Mental Health Counselors Association
American Counselors Association
American Public Health Association
National Career Development Association
American Society of Training and Development

COUNSELING CAREER HISTORY

Mr. Pometto has served in the diverse roles of Psychotherapist, Hypnotherapist, Clinical Psychology Associate, Counselor, Health Educator, Program/Staff Psychologist, Pain Management Counselor, Educational Therapist, Executive Director, Co-Director, Co-Founder, International Coordinator, Project Director, Project Manager, Board President and Board Member for the following health services organizations:

- Charles M. Citrenbaum, Ph.D. & Associates
- Chesapeake Psychological Services
- East Baltimore County Drug Abuse Treatment Program
- Goldenseal Holistic Health Professionals' Association
- International Health Network, Association for Humanistic Psychology
- Intractable Pain Clinic
- John Hopkins University School of Public Health
- Martin Buber Institute
- National Institutes of Health
- National YMCA Holistic Wellness Initiative
- North Baltimore Mental Health Center
- Northeast Pastoral Counseling Center
- Phipps Psychiatric Clinic, Johns Hopkins Hospital
- Psychological Health Associates
- Savitria Substance Abuse Prevention Program

CAREER HIGHLIGHTS

Founded and directed the **Goldenseal Holistic Health Professionals' Association**, which provided continuing education and networking opportunities for professionals of holistic health and alternative medical services.

Co-directed the **Martin Buber Institute**, providing alternative health promotion education and wellness programs for the public.

Researched and managed the **Alternative Designs in Medical Education Project**, a national directory of alternative preceptorship opportunities published for medical students, distributed by NIH and the American Medical Student Association (AMSA).

As National YMCA Research and Development's Director for the **Ways of Growth: East Meets West** Project, delivered, evaluated, marketed and trained health educators in the successful implementation of this holistic self-care health promotion program, and taught its modules at several universities and community colleges.

Successfully treated clients with diagnoses of anxiety, depression, including those struggling with issues of religious identity, sexual identity, gay and lesbian.

Produced highest annual client success rate while serving within a local drug abuse treatment program.

Conducted numerous workshops for regional and national **Association for Humanistic Psychology** conferences.

Taught upper level undergraduate coursework at Towson University. Guest lectured at Yale, Johns Hopkins, Maryland, Frostburg State, Stevenson and William Patterson Universities; Goucher College; Baltimore City and Catonsville Community Colleges.

Co-author: The CoachCompass®: Navigation Tools for Career and Life Success, a comprehensive career system designed for individuals, career coaches and counselors; published by iUniverse; distributed by Barnes & Noble and Amazon; summer 2005. Winner of Editor's Choice Award; Designated "Recommended Reading" by Forbes Book Club; featured online in Wall Street Journal, ABC News and U.S. Money articles; ranked in Top 10 most frequently used free online diagnostic assessment instruments.

HOLISTIC ALTERNATIVE HEALING TRAINING

Received direct and individualized training and guidance with the following masters of their disciplines:

- **Body Work:** Moshe Feldenkrais, Swami Satchidananda, Yogi Amrit Desai
- **Energy Healing:** Bob Waterman, Brugh Joy, Dolores Krieger, Arlyn Kline
- **Guided Imagery and Music:** Helen Bonny
- **Hypnotherapy, Neuro-Linguistic Programming, Eye Movement Integration Therapy:** Ron Klein, Charlie Citrenbaum
- **Intuitives:** Rachael Hunt High Salley, Wanda Lundy
- **Mandala Art Therapy:** Joan Kellogg
- **Psychedelic Therapy:** Timothy Leary
- **Personal and Social Transformation:** Werner Erhard
- **Shamanism:** Rolling Thunder, Black Elk, Flying Eagle, Michael Harner
- **Sufi Healing Order** Initiate