

PRACTICE DESCRIPTIONS

AstroTherapy uses astrology as a valued tool in the transformation of the person. AstroTherapy begins with the belief-based system of astrology. In our client-centered practice, a licensed therapist, who is also a counseling astrologer and coach, begins with the natal chart. The practitioner and the client discuss the personal traits and propensities found within the chart that can facilitate learning, healing and growth, directing success in both the life and the career.

HypnoTherapy applies the science of clinical hypnosis to overcome undesired behaviors such as smoking, irrational fears or overeating. The practitioner facilitates and assists the client to redirect the subconscious towards the desired healthier beneficial goal. In our client-centered practice, the practitioner, a national board certified clinical hypnotherapist and licensed clinical counselor, provides direction for cessation of undesired habits.

Client-Centered Coaching is central to our work. The practitioner diagnoses the obstacles to work and life success using the astrologically-based Hemisphere Diagnostic Assessment. In our client-centered practice, our coaches are published and certified professionals performing in a variety of disciplines to serve our clients. Whether planning, developing, managing or transitioning your career, you will have the support, expertise and guidance required to facilitate positive change within your life and career.

Pain Management provides a client-centered approach to individual pain management aligned with clinical support. Working with a licensed medical doctor and a psychotherapist, the client receives services that may lessen the need for medication and further alleviate pain symptoms.